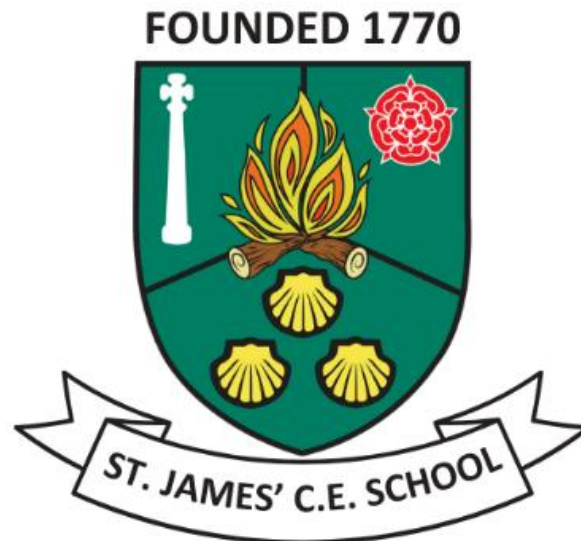


Leyland St. James' CE Primary School



Spirituality within PE

Headteacher - Mr J Atherton

PE - Mr S Dunn

Spirituality within PE at Leyland St. James' CE Primary School

At Leyland St James' Primary School, Physical Education and spirituality are closely linked through a focus on personal growth, respect, and community. Through PE lessons, children learn to appreciate and care for their bodies as part of God's creation, while also developing important values such as teamwork, resilience, and fairness. Whether working together in team sports or challenging themselves in individual activities, pupils are encouraged to reflect on their efforts, support others, and celebrate both personal and shared achievements. In this way, PE at Leyland St James' nurtures not only physical health but also the spiritual well-being of every child.