



Leyland St James' CE Primary School – PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	EYFS - Fundamental Movement Skills EYFS - FMS - How to catch a star	EYFS - FMS – Elmer EYFS – FMS - Castles	EYFS - FMS - Hungry Caterpillar Dance - Jungle	EYFS - FMS - Jack and the Beanstalk Dance - Nursery Rhymes	EYFS - FMS – Elmer EYFS - FMS - Rumble in the jungle	EYFS - FMS – Seaside Lost and Found
Year 1	KS1-Y1 - Baseline Unit - Lost and Found KS1 - Y1 - Gymnastics Activities Core Task 1	KS1- Y1 - FMS Underarm Throw KS1 - Y1 - Gymnastics Activities Core Task 2	KS1 - FMS Kicking Unit Dance - Pirates	KS1- Y1 - FMS Overarm Throw KS1 - Y1 - FMS Catching and Bouncing a ball	KS1- Y1 Athletics Dance - Fire of London	KS1 - Y1 - FMS Rolling a Ball KS1 - FMS - Supertato
Year 2	KS1- Y2 FMS Bounce Ball KS1 FMS and Gym - Jack and the Beanstalk	KS1 - FMS Kicking Unit KS1 - Y2 - Gymnastics Activities	KS1 - Y2 Games - Piggy in the Middle (Core Task) Dance - Under the Sea	KS1 - Y2 - Games Striking and Fielding KS1 - Y2 - Games – Net and wall	KS1 - Y2 - OAA The Great Outdoors KS1- Y2 Athletics	Dance – Titanic KS1- Y2 - FMS End of KS1 Assessment
Year 3	Fundamental Skills Catch up - KS1 - Y2 - FMS Bounce a ball Year 3 Gymnastics Core Task 1	Year 3 Invasion Games – Netball Year 3 Gymnastics Core Task 2	Year 3 Invasion Games - Rugby 1 Year 3 Dance - Rock and Roll (Pompeii)	Year 3 OAA - Trust and Trails Year 3 Dance - The Great Plague	Swimming Year 3 Athletics	Swimming Year 3 Striking and Fielding - Rounders
Year 4	Swimming Year 4 Gymnastics Core Task 1	Swimming Year 4 Gymnastics Core Task 2	Swimming Year 4 Dance Superheroes	Swimming Year 4 Invasion Games - Basketball	Year 4 - Net and Wall Unit Core Task 2 Year 4 Athletics	Year 4 Striking and Fielding – Rounders Year 4 OAA - Team Work & Problem Solving
Year 5	Year 5 Net and Wall – Tennis Year 5 Gymnastic Core Task 1	Year 5 Invasion Games – Football Year 5 Gymnastic Core Task 2	Year 5 Invasion Games Rugby 1 Dance - The Haka	Year 5 Invasion Games – Hockey Year 5 Orienteering	Year 5 Striking and Fielding – Rounders Year 5 Athletics	Year 5 Striking and Fielding – Cricket Year 5 OAA - Teamwork and Problem Solving 1
Year 6	Year 6 Invasion Games – Netball Year 6 Gymnastic Core Task 1	Year 6 Invasion Games Rugby 2 Year 6 Gymnastic Core Task 2	Year 6 - Creative Games Dance - British Values	Year 6 Net and Wall – Badminton Year 6 Orienteering	Year 6 Striking and Fielding Games – Rounders Year 6 Athletics	Year 6 Striking and Fielding – Cricket Year 6 OAA - Teamwork and Problem Solving 2